



July 22, 2025

Meals on Wheels is an essential program that supports local Home Care clients by delivering hot, nutritious meals to their homes. Volunteers deliver these meals with a smile and provide social interactions to the individuals they are helping.

More delivery drivers are needed in your area. Volunteer Services welcomes individuals, couples, families, corporate groups, and organizations to fill weekly, bi-weekly, monthly, and casual spots. Volunteer Services can accommodate various schedule commitments. Volunteers pick up the coolers from Central Plains Lodge and deliver them between 11:15 – 12:15 pm, Monday – Friday.

Volunteering for Meals on Wheels allows you the opportunity to support our community, build your resume, meet new people, gain valuable experience, or obtain stewardship/class credit hours. Volunteer Services couldn't do it without you and your efforts are appreciated!

If you or anyone you know may be interested in this volunteer program, please contact Jeannie Lukan, 306-682-8139 or [volunteers@saskhealthauthority.ca](mailto:volunteers@saskhealthauthority.ca)

Please visit our website or use the QR code to apply

<https://www.saskhealthauthority.ca/careers-volunteering/volunteering-saskatchewan-health-authority>



### ***Healthy People, Healthy Saskatchewan***

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.

**NOTICE OF CONFIDENTIALITY:** This information is for the recipient(s) listed and is considered confidential by law. If you are not the intended recipient, any use, disclosure, copying or communication of the contents is strictly prohibited.